



## DISCLAIMER - Version 1.0

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CereSkills assumes no medical, professional or legal responsibility for complications arising directly or indirectly as a result of the use of advice, and exercise programmes offered. Always consult your general practitioner before beginning any exercise program.

No medical diagnosis or treatment is provided by CereSkills.

Every precaution must be made prior to engaging in the activity program to ensure the safety of any participants. Where appropriate, supervision is recommended. All participants under the age of 18 should be supervised. In no event will we be liable for any injury caused by performing the CereSkills activities.

Every effort is made to keep the website and application up and running smoothly. However, CereSkills takes no responsibility for, and will not be liable for, the website or application being temporarily unavailable due to general maintenance or technical issues beyond our control.

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